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| Nurse's Notes Southern Prairie UMW District Fall Gathering | 5 6 | |
| M & M Night 7 Special Points of Interest: October Monthly Meetings, Back Page October Birthdays and Anniversaries included with Calendar | | We do OUTREACH in our community as we ENGAGE our community and touch the lives of those beyond the doors of the church. We are no longer waiting for peo- ple to come to us but we have made a commitment to take the love of God to them through acts of love and encouragement in the name of Jesus. Always look for the opportunity to share the gospel as God provides the opportunity. |
| | | Outreach is an act of the whole Body of Christ not just a few. Here are some ways you can be a part of our Fall outreach activities as we seek to ENGAGE people in our community. |
| | | FAITH ROCKS |
| Administrative Assistant Office Hours Mon. through Thurs. 8:30 a.m. to 12:30 p.m. Fri. 8:30 a.m. to Noon | | This is a great way to spread a message of faith and God's love to our community. Started by Roger and Berts Walker, who "borrowed the idea from our friends in Texas", it is an intergenerational way to bring people together to paint messages of hope and love on these beautifully decorated rocks which are then hid in various places in our community, along the road as people travel, and some are even going to Brazil this fall. We have painted hundreds of rocks, some of which are available on Sunday mornings for you to pick up and place throughout our community. |
| | | We have had three rock parties and have had a good turnout of people to help paint/ decorate rocks. At our last Rock party on September 11 th , we painted about 435 rocks. KEYC-TV was at the party to interview us for a spot on their Monday night program which was September 18th. The gentleman from KEYC-TV even sat down to paint a rock to take with him to hide in Duluth, MN. |
| | | We have a Facebook page (Waseca MN Faith Rocks) where the rock finds are pho- tographed and posted. The responses from people who have found rocks, on our Facebook site, have been great. We have over 120 members of Waseca MN Faith Rocks. |
| | | Watch for the announcement of our next Rock Party and join us in painting rocks or go Rock Hunting. |
| | | (Continued on page 4) |

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Colony Court Memory & Care Suites: Ann Swenson, Dick Westrum

Colony Court: Ardella Draheim, Nina Youngberg, Leona Quast,

Muriel Jenkins, Fern Papke, Peter Fog

Lakeshore Inn: Florence Gutknecht, Liz Corchran

Latham Place: George and Lucille Kubista

Oaklawn Health Care Center: Jim Keller

Koda Living Community: Chuck Youngberg

Prayer Requests from Sunday Worship: pray for Texas and Florida and the victims of Hurricane Harvey/Irma; pray for the people of Mexico, Puerto Rico and Japan; pray for a peaceful solution to the North Korean crisis; Darla Dahnert, Peter Fog and family, Don Paulson, Darlene Smith, Bea Callahan, Robbie and Nate, Bob Faulkner

Administrative Assistant Hours

Stacy True, Administrative Assistant, will have the following schedule changes in October:

October 2 - 9:00 a.m. to Noon.

October 12 - Out of the Office.

October 18 - 20 - Out of the Office.

Faith Crafters & Stichers

The October meeting for Faith Crafters and Stitchers will be on **Thursday, October 12**, from **1:00 to 3:00 p.m.** in the Fellowship Hall. Bring a project you would like to work on and join us for coffee and snacks. Please call Sandy Voshell at 835-4122 if you have any questions.

Thank You

Please forgive me for overlooking a Thank You to the Ladies Circle, Paul Lohse, Ushers, Organist, and, of course, Pastor Victor. It has been nearly a year since Bill passed and I believe I did not write a proper thanks to all of you. All of you did such a nice job making the day much easier for our family - serving the food, supplying drink, keeping things going. Paul, you did such a nice job singing, as you always do - Thank You.

Living in Lakeville has been an experience — Everyone is in a hurry!! Time seems to fly by so much faster.

I am really sorry for taking so long — but <u>a million</u> thanks to all those of Faith United Methodist for your kind words and good deeds. The whole Brooks family thanks you for being a guiding light for all of us.

Mary Jo Brooks And Family



Seeking Volunteers

We are seeking volunteers to be greeters and nursery attendants for Sunday Worship. If you are interested in volunteering in one or both of these areas, please contact Stacy in the church office. Even if you have been on the list of greeters or nursery attendants in the past, please contact Stacy to confirm if you still want to be included in the list so we can start with a fresh rotation. We hope to begin a new rotation in late October to early November.

Also, if you are interested in being added to the list of liturgists, please contact the church office. The next rotation of liturgists will begin in November.

Thank you for volunteering your time in these important areas!

Financial Update

We recently shared an update during fellowship hour on Faith Church finances thru July 31. We are encouraged by the progress that has been made over the past two years in controlling operating costs and noting some increase in giving. This year we expect a shortfall of \$12,000 that we need to make up through a 2017 SPECIAL ASK. This compares to the 2017 operating plan shortfall of \$14,000 and to the response to the 2016 Special Ask of \$17,870 and the 2015 Special Ask results of \$16,647.

In a short time you will be receiving a letter identifying this need for the 2017 SPECIAL ASK and inviting you to respond with a reply form. We ask that you prayerfully consider this request and respond in a timely manner. Thank you in advance for helping to insure the financial well-being of Faith Church.

Living Well With Chronic Conditions

Living Well With Chronic Conditions is starting on **Monday**, **October 9 at 10:00 a.m.** at the Waseca Public Library and will meet weekly for six weeks. It is being taught by Linda Lohse and Sherry Scholljegerdes. Registration fee is \$15 which includes a book. Register with Sherry by October 2nd (835-4304).

UMW Fall Mission Bazaar Saturday, November 4, 2017

The Bazaar is right around the corner. Start thinking about what you will be bringing. Hopefully, we will have a great selection of crafts, baked goods and "gently used" items. Look for the sign-up sheets soon. This Bazaar is our major fundraiser for missions.

There will be a Bazaar Organizational Meeting on **Wednesday**, **October 11 at 10:00 a.m.** in the Lakeview Room. Please come and let's make this the "Biggest and Best" Bazaar yet AND the MOST FUN!

Outreach

(Continued from page 1)

PUMPKIN CARVING



OCTOBER 21ST.... 1:30PM



Pumpkin carving/decorating will be held Saturday, October 21st at 1:30 at Faith United Methodist Church. You can come to carve or decorate a pumpkin, help someone else with their creation or just be here to watch what goes on. We will have hot chocolate and treats.

Remember kid and adult carvers are welcome. Bring your friends. Let's make this the **Biggest and Best** Pumpkin carving/decorating event!

TRUNK OR TREAT



OCTOBER 31ST 5PM - 7PM

For the past 8 years we have be hosting Trunk or Treat in our parking lot. As the name implies we fill our parking lot with cars who have decorated their trunks and put candy in the trunks for the over 600 kids who come. We have created a "safe place" for kids in our community and their parents. Last year we had 13 trunks and a number of them were from other churches. This year we hope to have more participation from other churches in our community.

COMMUNITY THANKSGIVING DINNER



NOVEMBER 23RD Noon - 2PM Senior Center

We will be hosting the Community Thanksgiving Dinner at the Waseca Senior Center. We will need a coordinator and volunteers to help serve and deliver meals. This is a great chance to serve our community.

Each of these events are great opportunities for you to join others in our congregation in touching the lives of others in our community in the name of Jesus. Please join us in this great adventure.

Pastor Victor

Nurse's Notes: Who is Responsible for Your Health?

Thinking has changed over the years. In the past, we thought the doctor was in charge. Care Providers no longer have the luxury of really getting to know us and they don't see us unless there is a problem.

We now and always have been responsible for our own health. Who knows us better? Okay, maybe your spouse. So if it's our responsibility, then what can we do. Firstly, it's important to be informed about good health practices. Then evaluate what you are doing a good job at and where you need to improve. Then taking small steps in the right direction.

Here are some areas to look at:

- Physical Activity
- Sleep

- What You're Eating You're Full
- Your Spiritual Life
- Your Generosity
- Are You SocializingStaying Connected
- Habits smoking, alcohol, drugs

• Hygiene

These are all things we can change to improve our lives now and in the future. Please take stock of where you are at and begin to make positive changes. If our body gives out, where will we live?

Happy Fall, Sherry Scholljegerdes, RN Your Parish Nurse

ACT on Alzheimer's Community Workshop

Making Waseca A Dementia Friendly Community

Saturday, October 14, 2017 10:00 a.m. to 2:00 p.m.

U of MN Southern Research Center

Keynote Speaker:

Heidi Haley-Franklin, Associate Director of Clinical Services at Alzheimer's Association Minnesota -North Dakota

Registration fee is \$15 per person and includes lunch and dementia related book. Payable by check to: Waseca Area Caregiver Services, 113 2nd Ave. NW, Waseca, MN 56093

Register by October 4, 2017

Southern Prairie United Methodist Women District Fall Gathering

On Saturday, September 16th, Linda Griffin, Sherry Scholljegerdes and Roberta Walker attended Southern Prairie District UMW Fall Gathering at Redwood Falls. The singing by the 104 women who were in attendance was amazing. The selection of the songs was wonderful and the women appeared to raise their voices with lots of volume and feeling.

The business meeting included the passing of the 2018 budget of \$75,000 in addition of \$10,000 to Emma Norton. Our own **Sherry Scholljegerdes** was voted in as Southern Prairie District President for 2018 and 2019.

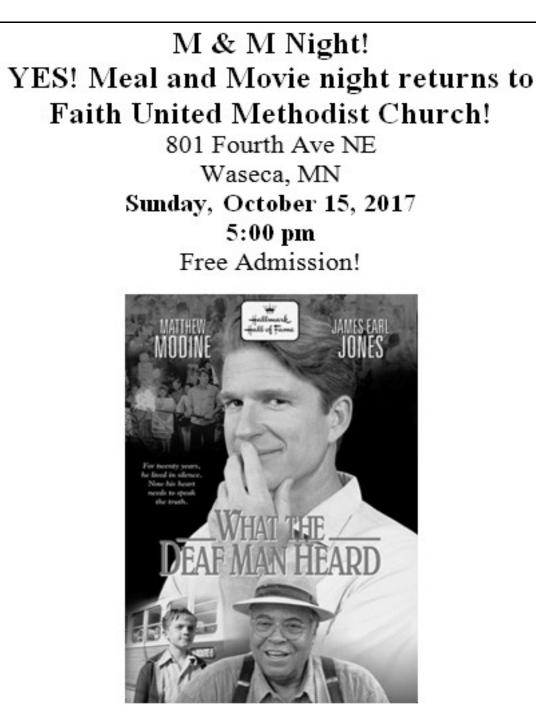
Guest Speakers were Pastor Gwen Bohike on her Mission trip to Kenya and Mary Ann Lewis, Missionary, who spent 40 years in Kenya and Uganda. She made a statement that was thought provoking when she said the people in Kenya believe that; "In Kenya, they have nothing but God, in the US, they have everything but not God."

Some of Faith's UMW members will be attending the Conference Annual Gathering on Saturday, October 7th in Hutchinson.





School bags which were taken along to the gathering.



Featuring the film What the Deaf Man Heard

Arriving in a new town, a child pretends to be deaf-mute to protect himself - a ruse which works so well that for twenty years he is custodian to all the town's secrets! Faith United Methodist Church

"Engage, Equip, and Empower"

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| Come Worship with Us We have room. | | | |
|--|--|--|--|
| MONTH | LY MEET-UPS: | | |
| Elizabeth Circle | <u>Ruth Circle</u> | | |
| UMW Elizabeth Circle will meet Wednesday, October 18 at 2:00 p.m. in the Lakeview Room. Our hostess will be Sherry Scholljegerdes. Devotions will be led by Karen Ferch. Guests and visitors are welcome. | UMW Ruth Circle will meet Monday , October 16 from 10:30 a.m. to Noon at the home of Linda Griffin. All are welcome to attend. | | |
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